



OFFERED SERVICES & RESOURCES

TO HELP MAXIMIZE IMPACT & SUSTAINABILITY

TRAINING

Workshops

Regional workshops are designed to help you start from the ground up. Developing and maintaining a strong foundation for worksite wellness improves sustainability and widens the impact of a worksite's efforts. After the Foundation is built, WWKS offers health-priority specific workshops for worksites including Physical Activity, Food & Beverage, Tobacco, and Well-Being - all designed to tackle the issues impacting your business.

Webinars

WorkWell KS hosts several webinars each year on various worksite wellness-related topics. All webinars are recorded and can be accessed via WorkWellKS.com

DATA COLLECTION

Individual Level Assessments

If your worksite has completed a Building the Foundation workshop, and you are ready to start establishing or more firmly establishing the data portion of your Foundation and/or health priority, WorkWell KS can assist you in collecting data from your employees. Additionally, we provide a one year follow-up to help you demonstrate improvements made.

Worksite Level Assessments

Prior to each workshop, WorkWell KS provides worksite-level assessments from each worksite. From the assessment, WorkWell KS will write a report that outlines aspects of a comprehensive approach to worksite wellness which will serve as your worksite's baseline report. A one year follow-up assessment is also provided to illustrate improvements made.

PLAN DEVELOPMENT & IMPLEMENTATION SUPPORT

Building the Foundation Development Tool

Is your wellness initiative comprehensive? This template helps worksites document successes and next steps, and it helps identify where your plan may need a little more focus/attention.

Foundation Meetings Outline

This resource is helpful for worksites 'stuck' or needing guidance after attending a Building the Foundation workshop. It details potential next steps in your worksite wellness initiative efforts.

Local Resources

WorkWell KS can connect you with local champions and services in your region. These local resources will help keep you engaged and provide hands-on assistance.

Posters

WorkWell KS has created a line of posters to encourage healthy behaviors at the worksite. You may download and print these posters from WorkWellKS.com.

Technical Assistance

This can be anything from a 15 minute conference call to bounce ideas off our team to an in-person meeting to discuss challenges and next steps. Are you wondering what to do next, where to go, who to talk to? We can help!

PLAN DEVELOPMENT & IMPLEMENTATION SUPPORT CONTINUED

Videos

Hear about the successes WorkWell KS worksites have seen from implementing comprehensive worksite wellness plans.

ONGOING SUPPORT

E-Newsletters

WorkWell KS e-newsletters will keep you up to date on the latest happenings from WorkWell KS. It is easy to sign up on our website: WorkWellKS.com

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OTHER

Kansas State of Wellness Symposium

The annual symposium is an opportunity for colleagues across the state to learn about strategies that promote culture change, health improvement, and how to enhance the environments in which we live, work, and play.

Recognition Program

Everyone deserves to be recognized for hard work, and WorkWell KS loves to highlight your efforts. We have a recognition program designed to recognize worksite wellness initiatives that address how to comprehensively implement healthy worksite strategies, one topic at a time.