



# GOOD HEALTH IS GOOD BUSINESS

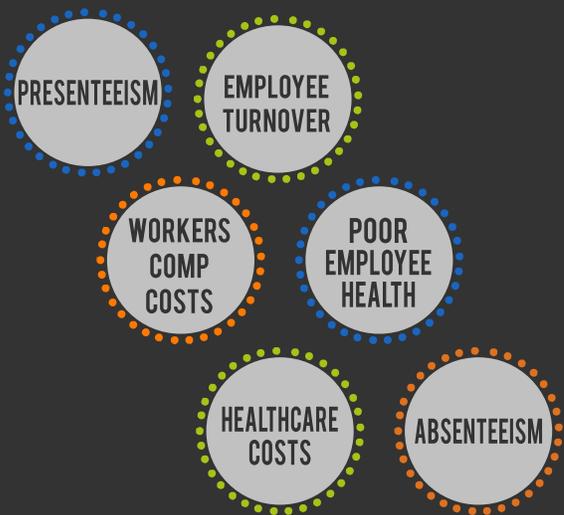


Since 2011, WorkWell KS has provided free training, resources, and technical assistance necessary for worksites to develop comprehensive worksite wellness plans that can positively impact employee health and the worksite's bottom line.

## WHY WORKSITE WELLNESS?

The health of employees impacts a worksite in a number of ways. The costs associated with poor health go well beyond those associated with insurance and claims. Having a comprehensive worksite wellness plan is a crucial business strategy for all worksites.

## A COMPREHENSIVE WELLNESS PLAN CAN...



### HELP YOU COMBAT



- IMPROVE MORALE
- INCREASE PRODUCTIVITY
- ATTRACT NEW EMPLOYEES
- INCREASE JOB SATISFACTION
- IMPROVE EMPLOYEE HEALTH
- IMPACT THE COMMUNITY

Health has a direct impact on many things: the quality and longevity of your employees' lives and costs to your business. Health is directly linked to economic development and the sustainability of communities and the state of Kansas. Did you know new businesses looking for locations consider the health measures of a community before relocating? Is the health of your worksite, community, and our state positioned for prosperity?

# WHY WORKWELL KS?

40

COMMUNITIES

**WorkWell KS has a statewide presence.**

More than **40 communities** across the state have hosted workshops for employers from the region to attend.

50

WORKSHOPS

**WorkWell KS has experience.** More

than **50 FREE workshops** have been held for worksites across the state.

500

WORKSITES

**WorkWell KS has a network.** More than

**500 worksites** have participated in WorkWell KS workshops. These worksites vary significantly in size and sector, from manufacturing to health care.

**99% OF ATTENDEES**

REPORTED THAT ATTENDING A WORKWELL KS WORKSHOP WAS A VALUABLE USE OF THEIR TIME.

**98% OF ATTENDEES**

WERE CONFIDENT THAT THEY COULD APPLY WORKSHOP CONCEPTS AT THEIR WORKSITE.

## TAKE ACTION

REGISTER YOUR WELLNESS COMMITTEE

### FOUNDATION FIRST

Developing and maintaining a strong foundation for worksite wellness improves sustainability and widens the impact of a worksite's efforts. During the Building the Foundation Workshop, worksite wellness teams will explore what is necessary to build a strong base for future work and develop a plan for building the foundation at their worksite.

### HEALTH TOPICS NEXT

WorkWell KS offers health-priority specific workshops for employers that have a strong foundation in place and are ready to tackle the issues that have the greatest impact on health and costs. WorkWell KS workshop topics include: Food and Beverage, Tobacco, Well-Being, and Physical Activity.

### SUPPORT ONGOING

Continued support will be offered in a number of formats to allow worksites to gain access to WorkWell KS on their own time and to provide different kinds of assistance to ensure their continued progress (e.g. phone calls, webinars, newsletters, assessments, and face-to-face assistance).

**VISIT THE WORKWELLKS.COM "EVENT PAGE" FOR WORKSHOP INFORMATION**

**CONNECT**



[www.workwellks.com](http://www.workwellks.com)

**CONTACT**

WorkWell KS Coordinator

**Aubrey Wiechman**

[aubrey@wbchc.com](mailto:aubrey@wbchc.com)

**316.268.1126**

This initiative is funded by the Kansas Health Foundation and the Kansas Department of Health & Environment in partnership with KU School of Medicine – Wichita and the Wichita Business Coalition on Health Care.