

WorkWell KS Discussion Guide

The Business Case for Breastfeeding: Implementing Worksite Lactation Support Laws

Supporting breastfeeding employees is pivotal to a company's wellness program and overall family-friendly platform, with proven financial benefits to businesses. It's also the law. The federal "Nursing Mothers' Break Time" law has specific provisions regarding worksite breastfeeding support services. But how does an employer go about creating a worksite lactation support program?

What changes might you make to strengthen or begin implementing a worksite program to support breastfeeding employees?

⇒ Which changes would be the easiest?

⇒ Which changes would have the most impact on breastfeeding support?

What barriers might you anticipate as you move forward to increase support for breastfeeding employee at your workplace?

⇒ What are some potential strategies for overcoming these barriers?

⇒ Where can you find solutions for barriers related to break time and/or identifying a space?

Who might be available in your community to help you fully support your breastfeeding employees?

