

INDIVIDUAL LEVEL ASSESSMENTS

DATA COLLECTION



Purpose

(What do you want to know and what do you plan to do with the data?)

ASSESSMENTS RELATED TO PHYSICAL ACTIVITY

ASSESSMENT	DESCRIPTION	APPROX TIME	OFFERED BY WWKS	WWKS REPORT?
Physical Activity/ Sedentary Behavior	Assesses physical activity and sedentary behavior	5 - 10 minutes	Yes	Yes
Productivity	Assesses employee health and stress at work with an emphasis on impacts on ability to work	10 minutes	Yes	Yes

FOR MORE INFORMATION CONTACT

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