



A strong foundation is crucial for the sustainability and impact of your worksite wellness efforts. WorkWell KS wants you to have the best chance for success.

Accordingly, we strongly encourage all worksites wanting to register for a topic-specific workshop first review the following list of key foundational elements and be able to check **all** of the boxes.

LEADERSHIP

- There is executive support for worksite wellness .
- There is support/commitment from key stakeholders such as middle management, human resource managers, safety officers and staff.
- Your wellness committee has adopted a health-related mission statement or your worksite's organizational mission statement contains references to improving/maintaining employee health.

WORKSITE WELLNESS COMMITTEE

- There is a worksite wellness committee that meets at least quarterly.
- The worksite wellness committee has diverse representation from a cross section of departments, levels of management, and levels of interest in wellness.
- The worksite wellness committee develops annual goals and objectives for worksite wellness. (Annual Worksite Wellness Plan)

DATA

- At least one of the following data sets are collected to guide your worksite wellness initiative.

Health risk assessment
Biometrics
Employee needs or interest
Medical claims/costs

Absenteeism
Productivity
Environmental/cultural audit
Feedback on already-offered initiatives

INCENTIVES

- Your worksite has identified a range of incentives to support wellness participation or adherence.