

# INDIVIDUAL LEVEL ASSESSMENTS

DATA COLLECTION



## Purpose

(What do you want to know and what do you plan to do with the data?)

## ASSESSMENTS RELATED TO FOOD AND BEVERAGE

| ASSESSMENT                         | DESCRIPTION   | APPROX TIME | OFFERED BY WWKS | WWKS REPORT? |
|------------------------------------|---|-------------|-----------------|--------------|
| <b>Healthy Foods and Beverages</b> | Dietary screener assessing how often different foods and beverages were consumed during the previous 30 days. | 10 Minutes  | Yes             | Yes          |
| <b>Productivity</b>                | Assesses employee health and stress at work with an emphasis on impacts on ability to work                    | 10 minutes  | Yes             | Yes          |

FOR MORE INFORMATION CONTACT

[workwellks@kumc.edu](mailto:workwellks@kumc.edu)